

Spiritual Needs Inventory

This questionnaire contains 27 phrases that describe needs (activities, thoughts or experiences) that some people have said they have during their illness. For some people these needs relate to the spiritual part of them. They define spiritual as that part of them that tries to find meaning and purpose in life. They believe a spiritual need is something they need or want in order to live their lives fully. I am interested in finding out what you consider spiritual needs to be and which of these needs you currently have.

Directions: Read the need in column A then answer the questions in columns B, C, and D before going on to the next need in Column A.

Column A	Column B Please rate the items in the column below. For every item in Column A that you answer 2, 3, 4, or 5, please answer YES or NO in Columns C & D					Column C Do you consider this activity to be a SPIRITUAL need?		Column D Is this need being met in your life now?	
In order to live my life fully I need to:	Never	Rarely	Sometimes	Frequently	Always	Yes	No	Yes	No
<i>LIFESAME</i> Keep much of my life the same even though I am sick	1	2	3	4	5	Yes	No	Yes	No
<i>INFOCARE</i> Have information about my care	1	2	3	4	5	Yes	No	Yes	No
<i>MUSIC</i> Sing/listen to inspirational music	1	2	3	4	5	Yes	No	Yes	No
<i>LAUGH</i> Laugh	1	2	3	4	5	Yes	No	Yes	No
<i>LIFEREVI</i> Think back over my life	1	2	3	4	5	Yes	No	Yes	No

Column A		Column B Please rate the items in the column below. For every item in Column A that you answer 2, 3, 4, or 5, please answer YES or NO in Columns C & D					Column C Do you consider this activity to be a SPIRITUAL need?		Column D Is this need being met in your life now?	
In order to live my life fully I need to:		Never	Rarely	Sometimes	Frequently	Always	Yes	No	Yes	No
<i>READTEXT</i>	Read a religious text (for example: Bible, Koran, Old Testament)	1	2	3	4	5	Yes	No	Yes	No
<i>FAMILY</i>	Be with family	1	2	3	4	5	Yes	No	Yes	No
<i>FRIENDS</i>	Be with friends	1	2	3	4	5	Yes	No	Yes	No
<i>TALKSP</i>	Talk with someone about spiritual issues	1	2	3	4	5	Yes	No	Yes	No
<i>INFOFAME</i>	Have information about family and friends	1	2	3	4	5	Yes	No	Yes	No
<i>INDEPEND</i>	Do as much for myself as possible	1	2	3	4	5	Yes	No	Yes	No
<i>READINGSP</i>	Read inspirational materials	1	2	3	4	5	Yes	No	Yes	No
<i>USEINSMA</i>	Use inspirational materials (for example: repeating or living by phrases or poems)	1	2	3	4	5	Yes	No	Yes	No

Column A	Column B Please rate the items in the column below. For every item in Column A that you answer 2, 3, 4, or 5, please answer YES or NO in Columns C & D					Column C Do you consider this activity to be a SPIRITUAL need?	Column D Is this need being met in your life now?		
In order to live my life fully I need to:	Never	Rarely	Sometimes	Frequently	Always				
<i>TAKE ONE DAY</i> Take one day at a time	1	2	3	4	5	Yes	No	Yes	No
<i>CARE FOR OTHERS</i> Help care for others	1	2	3	4	5	Yes	No	Yes	No
<i>FINISH LIFE TASKS</i> Finish life tasks (for example: accomplish goals set for self)	1	2	3	4	5	Yes	No	Yes	No
<i>BE AROUND CHILDREN</i> Be around children (own or others' children)	1	2	3	4	5	Yes	No	Yes	No
<i>HAVE INPUT</i> Have input into decisions about my life	1	2	3	4	5	Yes	No	Yes	No
<i>BE WITH PEOPLE WHO SHARE MY SPIRITUAL BELIEFS</i> Be with people who share my spiritual beliefs	1	2	3	4	5	Yes	No	Yes	No
<i>PRAY</i> Pray	1	2	3	4	5	Yes	No	Yes	No
<i>GO TO RELIGIOUS SERVICES</i> Go to religious services	1	2	3	4	5	Yes	No	Yes	No
<i>RESOLVE BITTER FEELINGS</i> Resolve bitter feelings	1	2	3	4	5	Yes	No	Yes	No
<i>THINK HAPPY THOUGHTS</i> Think happy thoughts	1	2	3	4	5	Yes	No	Yes	No

Column A	Column B Please rate the items in the column below. For every item in Column A that you answer 2, 3, 4, or 5, please answer YES or NO in Columns C & D					Column C Do you consider this activity to be a SPIRITUAL need?		Column D Is this need being met in your life now?		
In order to live my life fully I need to:	Never	Rarely	Sometimes	Frequently	Always					
TALKNL	Talk about day-to-day things	1	2	3	4	5	Yes	No	Yes	No
SMILES	See smiles of others	1	2	3	4	5	Yes	No	Yes	No
NATURE	Enjoy nature (see outside, be outside, enjoy flowers, trees)	1	2	3	4	5	Yes	No	Yes	No
USE RELTG	Use phrases from a religious text (for example: using phrases to guide you each day such as "Greater is He that is in me, than He that is in the world")	1	2	3	4	5	Yes	No	Yes	No